"Fasting from Wrong Thinking" by Pastor Gregory Dickow

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Revolution Day 1 - Sunday Nov 7, 2010:

As we launch our all new Fast from Wrong Thinking, 2010, believe in the possibilities of what can happen in your life. Nothing is impossible to the man or woman who conquers their thought life. God is with you. God is for you, and the best news of all: God is working IN you!

Today we're fasting from the thought that says: "I Can't Change!"

We've all felt at times like we can't change a certain habit, or a characteristic about ourselves. Perhaps you feel like you'll always be easily angered, afraid or worried. Well, that's what this fast from wrong thinking is all about. As we change our thought patterns and mindsets, ANYTHING can change. And changing our mindsets is simply a process of replacing defective thoughts with biblical mindsets. So, if you've felt like you can't change, you CAN...

CHANGE IT TODAY:

- **1. Believe that the power to change is a GIFT.** 2 Timothy 2:25 says God grants 'repentance', or 'the power to change', as a gift. The ability to experience lasting change in any area of our life is a gift from God.
- **2. Receive the gift of repentance or "the gift to change", by FAITH.** Believe that every good gift comes from the Father (James 1:17).
- **3. All change begins by believing you are loved by God.** Romans 2:4b says, "Don't you realize that it is God's lovingkindness that is trying to lead you to Him and change the way you think and act?" (God's Word Translation).
- **4.** Notice in that verse His love & kindness changes the way we think; THEN it changes the way we act. All lasting change begins by surrendering my thought life to the Word of God (Romans 12:2).
- **5. Believe in the process that leads to progress.** Don't worry if it doesn't happen right away. Jesus touched the blind man once, than touched him again, before he was completely healed (Mark 8:22-26).
- **6. Re-define yourself ONLY as what God says about you.** Disconnect from past definition of your habits, traits and limitations. You are being changed into His image. (2 Corinthians 3:18)

THINK IT & SAY IT:

God has given me the gift to change. I can change my habits, emotions and life by changing the way I think. I submit to the process of renewing my mind, and I expect divine progress and supernatural change. I believe the love that God has for me, and that produces change in me. I refuse to accept past definitions and limitations of myself. As I embrace God's view of me through the mirror of His Word, I am being changed into His image, in Jesus' Name.

In His Great Love,

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Revolution Day 2 - Monday Nov 8, 2010: "Even if I change, it won't last. I always fall back."

Today we're fasting from the thought that says: "Even if I change, it won't last. I always fall back."

Often we start to have hope; we see some things change in us; then we seem to backtrack or expect to fall back into the same attitudes, habits or emotions. It doesn't have to stay that way. Are you ready for that cycle to come to an end?

Let's CHANGE IT TODAY:

1. This is the whole point of our fast from wrong thinking: You won't fall back when you change the way you think. And when you replace wrong mindsets with right ones, you KEEP the victory, Jesus paid the price for. Proverbs 23:7 says as you think, you become.

Use your imagination on the promises of God. Imagine the promises of God are coming to pass, and you will move forward. When you allow your imagination to replay past mistakes or failures, you go backwards. Look up Jeremiah 7:24.

- **3. SILENCE OTHER VOICES.** Listen to the voice of God. Just keep filling your mind today with 'what does the scripture say', 'what does the scripture say'...When you KEEP YOUR EARS ON the voice of God, you move forward. Jer. 7:24 says, when they didn't listen to the Word, they went backwards.
- **4. Listen to your 'lawyer'.** 1 John 2:1 says even if you do fall, you have an advocate, a lawyer Jesus who goes to the Father and pleads your case. You are safe in His Grace the ultimate safety net.
- **5. Believe that God is at work in you to bring lasting change.** YOU ARE NOT ALONE in this journey. Philippians 2:12 says, "For it is God who is at work IN you, both to will and to work for His good pleasure." Remember, He succeeds at everything He works on. And He's working on you, NOW!
- **6. Embrace the truth that God will keep you from falling back**. CEMENT this truth to your mind. Jude 24 says, "Now to Him who is able to keep you from falling, and to make you stand in the presence of His glory blameless with great joy." Two fold protection: He keeps you from falling; AND MAKES you stand. Believe it!

THINK IT & SAY IT:

I imagine the promises of God coming to pass in my life, and I refuse to replay my past mistakes. I'm going forward. I listen to the voice of God, and it keeps me moving forward. God is at work in me to bring His change in my life. He keeps me from falling and empowers me to stand, in Jesus' Name.

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Revolution Day 3 - Tuesday Nov 9, 2010: "Will I ever get ahead?"

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TODAY we are fasting from the thought that says, "Will I ever get ahead?"

Tired of just making it? Well, true progress and success start in our thinking. Our mindsets are what keep us hemmed in and limited. A Washington Post survey revealed 4 out of 5 middle class Americans say they can't get ahead. We must break out this thinking. Let's...

CHANGE IT TODAY:

- **1. Get rid of the 'survivor' mentality.** Fill your thoughts with a mindset of abundance. John 10:10 says Jesus has come to give you the ABUNDANT LIFE. God has called you to thrive, not just survive.
- **2. Eliminate excuse-making.** Not only do we sometimes make excuses for our status, we LOOK for excuses. If you look for an excuse, you'll find one. But if you look for a way to make progress, the way will open. Luke 5:19 says... not finding any way, they went up on the roof. If we keep looking for a way to get ahead, we will find it.
- **3. YOU ARE THE HEAD!** Therefore you will GET ahead. Fill your mind with what God made you. Whatever you ARE inside is WHERE you will GO on the outside. God says about you, "You are the head and not the tail..." (Deut. 28:13). Change happens on the inside first. See yourself AS the head, not the tail. Your life follows what you are focused on. It is a natural process. What you see, is what you'll be!
- **4. You control your economy.** God says, we reap what we sow. Don't give into the lie that you are a product of the economy. You make it with your seed, your faith and by following God's system. (Matthew 6:33)
- **5. Stop underestimating yourself.** God chose to live inside of you. That means you are valuable to Him. Believe in yourself. You have treasure. You have talent. You have greatness in you. You were born to get ahead.
- **6. DARE TO ASK & THINK BIG!** Refuse to be stamped by your financial, educational or emotional limitations. There are no limits with God. We limit Him when we think small. Ephesians 3:20 says God's ability corresponds to what we DARE to ASK and DARE to THINK.

THINK IT & SAY IT:

I embrace a mindset of abundance. I refuse to allow excuses to limit me and keep me stuck in my life, spiritually, emotionally or financially. I am the head and not the tail. What I am, on the inside, is where I'm going on the outside—I am getting ahead. My success is in my seed and I DARE to ask BIG and think Big, which enables God to take me above and beyond where I've ever been, in Jesus' Name"

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Revolution Day 4 - Wednesday Nov 10, 2010: "Not everyone can have great success."

Every time you put God's Word into your thought life, you are making an investment. You are building up an account. This account gets fuller and fuller UNTIL it spills over into the other areas of your life. TRULY spend the next 40 days immersing yourself in these new thought patterns, and you'll see the difference.

Today, we're fasting from the thought that says, "Not everyone can have great success."

Let's CHANGE IT TODAY:

- **1. ANYONE who meditates on the Word of God can have GREAT success.** That means YOU. Psalm 1:1-2 says, "Blessed is the man who...meditates on the Word of God day and night...and in whatever he does, he succeeds."
- **2. All success begins in your thinking.** 3 John 2 says, "Beloved, I pray that you would succeed (prosper), and be in health, even as your soul succeeds (prospers)." Your emotional, physical and financial well being is tied to your thought life.
- **3. RE-TRACE your lineage and family tree. SUCCESS IS IN YOUR BLOOD!** You are a descendant of the most successful people in the history of the world: Abraham (Gen. 24:1), David, Solomon, etc... You are the seed of Abraham, and an HEIR of all that he had. Whatever God did for him, He has promised to do for you! Galatians 3:29
- **4. RE-DEFINE the meaning of success. Success IS the willingness to endure pain** the pain of starting over; changing our view of ourselves; the pain of forgiving; letting go of hurt; learning a new way of thinking. Anyone CAN have success; but not everyone is willing to bear the pain of these changes.
- **5. SUCCESS is not what you have. It's who you are.** Genesis 39:2 says, "And the Lord was with Joseph, and he became a successful man." Notice, Joseph's success was personified. 1. God was with him. (And God is with you!) 2. The Bible calls Joseph a successful man, before success shows up in his life. (That's what the Bible says about you, too!)
- **6. COMMIT TO meditating on the Word of God.** It is the first, middle and last step of true success. Great translation of Joshua 1:8 is "Never stop speaking these teachings. You must think about them night and day so that you will do what is written. That's when you will prosper and succeed." THINK THE WORD SPEAK THE WORD THEN WATCH THE PROMISES OF THE WORD SHOW UP!

THINK IT & SAY IT:

I choose to meditate on the Word of God, which is the key to great success. I believe it starts in my thinking and I flood my mind with the promises of God. I embrace the pain of changing my thought life, and expect success. I have a covenant right to true and biblical success. It is in my blood. I break out of all past limitations, and I will walk the GREAT success that God has promised, in Jesus' Name!

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Revolution Day 5 - Thursday Nov 11, 2010: Fast from Negative Imaginations

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Today we're fasting from negative imaginations.

What we imagine within has the power to come to pass. Fear is simply a negative imagination. 'Seeing' something bad happen in your mind before it happens is how fear works. Job said, "What I have feared (imagining his children failing), has come upon me." (Job 3:25)

Let's Change Negative Imaginations TODAY:

- **1. Recognize your imagination is a gift from God.** You are a powerfully creative individual, made in the image of God. (Genesis 1:28) As you read and follow Jesus in scripture, you are discovering what you're made of. 1 John 4:17 says, "As He is, so are you in this world." Amazing!
- **2.** Cast down 'images', imaginations of fear, and past failures. (2 Corinthians 10:5) How? You flood your thoughts with the miracles of Jesus, the victories of God's people, the vivid pictures that scripture paints. See yourself lying down beside green pastures, enjoying God's presence. As you fill your mind with scripture images, peace comes. Isaiah 26:3 RSV says, "Thou wilt keep him in perfect peace whose imagination is stayed on thee."
- **3. Imagination is a gateway to God's power and ability**. Ephesians 3:20 says, "Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us..."(NIV) Notice, God's power works within us through our imagination. What you can imagine, God can do.
- **4. Our imagination is the eyes of our spirit.** 2 Corinthians 4:18 says, "So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal and subject to change." As we LOOK at the promises of God with our inner eyes, even though they haven't shown up yet, things will eventually change.
- **5. Fill your imagination with the unlimited possibilities of scripture.** That's why we must believe the highest promises of the Bible. They elevate our imagination. As they occupy your imagination, there will be no room for diseased fantasies or images, such as pornography, or past mistakes, or sinful ambitions, etc. Colossians 3:2 says to set your mind on things above. Mark 9:23 says, "All things are possible for those who believe (see it on the inside)."
- **6. Let yourself think imaginatively today.** Expect a "nudge" from the Holy Spirit; a holy 'hunch'; an idea that keeps coming to your mind, a vision, a godly dream. Act on those "images", if they don't contradict scripture.

THINK IT & SAY IT:

I have the creative power of God working in me to solve problems, to bring success, to bring answers to others. I cast down images in my mind — of fear, failure or the expectation of evil. I will allow the scriptures to paint images in my mind of victory and success. I set my mind on things above. I expect to see, by faith, what my natural eyes can't yet see; and I expect those things to come to pass, in Jesus' Name.

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Revolution Day 6 - Friday Nov 12, 2010: Fast from a negative attitude

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Today we're fasting from a negative attitude.

An "attitude" is a mindset that takes precedence over all other facts. We must root out the mindset that interprets life in negative or critical terms. The attitude you have has the ability to make life as easy or as hard as you want it to be.

CHANGE IT TODAY:

1. Focus on the positive things in your life.

Skeptics and pessimists say, "Oh, you're just ignoring the problem'." No, you're creating positive faith energy by FOCUSING on the good God has done in your life, which like a snow ball rolling down a hill, gains momentum and overtakes whatever is in front of it. (Luke 17:15-19)

2. Confront worry right now.

How? Reverse it and imagine it being completely solved. Feel the feelings for a moment of what life would be like if it were solved. This creates in you an expectation. This is God-ordained day-dreaming, and as you create this image in your mind, things change. (2 Corinthians 10:3-5)

3. Expect a job or promotion!

A Harvard study showed that 85% of jobs or promotions were obtained because of attitude. Only 15% were due to intelligence or knowledge of specific facts. Believe in the power of attitude. In Numbers 13:30, Joshua & Caleb had the attitude that they could conquer the giants.

- **4. Be open minded about new possibilities in life.** Chauncy M. Depew warned his nephew not to invest \$5,000 in Ford Automobile stock because nothing could come along that would be better than the horse! 2 questions: Who's ever heard of Chauncy Depew?' And 'have you driven a Ford lately?' Original creativity, innovative solutions, and inventive genius are God's gifts. Expect them and believe in them.
- **5. Get rid of the NEGATIVE PSYCHIC in you**. 'The negative psychic' in you presumes and assumes you can READ INTO situations and people's motives. And they're almost always negative. Instead, READ INTO what God thinks about you and others. (Psalm 139:17-18)
- **6. Make your greatest discovery today!** Is the greatest discovery peanut butter, the moon, television, the internet? No. The greatest discovery in life is that you can change your life by changing the attitude of your mind. Jesus said, "IF YOU CAN BELIEVE, all things are possible." (Mark 9:23)

THINK IT & SAY IT:

My life is getting easier not harder! I focus on the good things in my life. I refuse to focus on what's gone wrong in my life. God has been good to me. I reverse worry and use my imagination to envision a worry-free life. I expect jobs, promotions and success to come my way, because I am a believer. My attitude of faith and expectation takes precedence over all other facts...beginning today, in Jesus Name!

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Revolution Day 7 - Saturday Nov 13, 2010: Fast from a negative attitude. - part 2

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Today we are continuing to fast from a negative attitude.

Attitude IS everything. And I want us to obliterate negativity from our lives. You CAN control whether life is easy or hard, by your attitude. People who hang on to their negative attitudes, never grow. They never experience the joy, contentment and success that comes when we fast from the wrong attitude. Let's....

CHANGE IT TODAY:

- **1.** Redefine "Attitude". Attitude is a MINDSET that takes precedence over all other facts. Commit this to memory. It will guide you through and above many storms. I adopt a mindset of victory that takes precedence over all other facts!
- **2. Attitude DOES determine altitude.** It's a phrase that originates from flying. The attitude indicator controls the position of the plane, so that it stays consistently above, parallel to the horizon. Ready to reach new horizons? Set your mind on things above (Colossians 3:2).
- **3. PROGRAM your attitude to "ABOVE ONLY" thinking.** Determine the attitude—mindset you will have BEFORE life strikes. "This is how I'm going to think today, no matter what comes my way." Deuteronomy 28:13 says, "The Lord has made YOU the head and not the tail. You will be ABOVE ONLY and not beneath." NIV says, "YOU WILL ALWAYS BE AT THE TOP." Refuse to accept any other way of thinking or living.
- **4. You have the mind of Christ (1 Corinthians 2:16).** The mind of Christ is an attitude. Jesus saw food when 5000 were hungry. He saw healing when multitudes were sick. He saw life when a child was dead. His attitude—what He saw—took precedence over all other facts. You have that mind. Start seeing what He saw. SEE the solution in every problem.
- **5. God gave you a phenomenal brain.** Ask your brain better questions. IT is smarter than you have thought. Ask it, "What's good about this situation?" And pause to let it search for answers. It WILL come up with the positives, and with solutions. 2 Timothy 2:1 says YOU HAVE A SOUND, HEALTHY, BRILLIANT MIND.

THINK IT & SAY IT

My mindset is ABOVE ONLY. I refuse to accept any other way of thinking. I am above the devil, above fear, above poverty, above 'just getting by'. I am the head and not the tail. I set my attitude EARLY and will not any other facts deter me from what God said about me. I have the mind of Christ, and I see the solution in every problem. My brain is powerfully made in the image of God and I am meant to soar today, in Jesus' Name!

In His Great Love,